



Ingredients

- ✓ 1 cup chocolate hemp milk
- ✓ 10oz bag frozen sweet cherries
- ✓ ¼lb. fresh dark sweet cherries
- ✓ 2oz – 3oz fresh beet greens
- ✓ ¼ cup hemp powder
- ✓ 3 Tbsp. raw cocoa powder
- ✓ 2 tsp. coconut sugar (other sweetener)

Notes:

- Any non-dairy chocolate milk can be substituted for the hemp milk.
- Try using lacinato kale leaves for the fresh beet greens.
- Insure the raw cocoa powder is not Dutch process.

Preparation

Remove the pits and stems from the dark sweet cherries. Then, combine all ingredients in Vitamix or blender and blend until smooth.