



Ingredients

- ✓ 5oz – 7oz fresh spinach
- ✓ 1 ripe pear, cored & sliced thin
- ✓ 2/3 cup pecans, chopped coarsely
- ✓ 3oz crumbled blue cheese
- ✓ 3 Tbsp. maple syrup

Notes:

- You can substitute walnuts for the pecans, if you like.

Preparation

Toss all ingredients together and serve.