

Recipe Collection

Blueberry-Chia Seed Pancakes

Serves 4 − 6 ~ Vegan ~ Gluten Free



Ingredients

- ✓ 1-1/2 cup gluten free baking flour
- ✓ 2 Tbsp. chia seeds
- ✓ 1 tsp. baking powder
- ✓ ½ tsp. baking soda
- ✓ ½ tsp. cinnamon
- ✓ ¼ tsp. salt
- ✓ 1 cup almond milk

Notes:

• Try Bob's Red Mill gluten free flour mix.

- ✓ 1 Tbsp. ground golden flax seed whisked with 3 Tbsp. water OR 1-1/2 tsp. Egg Replacer powder whisked with 2 Tbsp. warm water
- ✓ 1 Tbsp. maple syrup plus more for drizzling
- ✓ 1 Tbsp. coconut oil, melted, plus more for cooking pancakes
- ✓ 1 tsp. vanilla
- ✓ 1 (1/2-pint) container blueberries

Preparation

- 1. In a medium bowl, combine gluten free baking flour, chia seeds, baking powder, baking soda, cinnamon, and salt
- 2. In a small bowl, whisk together almond milk, flax seed mixture or Egg Replacer mixture, maple syrup, coconut oil, vanilla and almond milk. Pour into flour mixture and stir just to blend.
- 3. Heat a skillet or griddle to medium-low heat. When hot, add enough coconut oil to make a thin film. Put spoonfuls of batter in pan according to size of pancakes desired and add a few blueberries. When batter bubbles and bottom side is golden flip and cook other side. Serve, drizzled with more maple syrup to taste.